

When it comes to something as important as weight control, knowing what you're getting in a weight loss product is a paramount consideration. However, many products today make so many claims that it can be difficult to separate the facts from the fads. This page delivers the critical information you need to make an informed choice.

you decide!

GR² CONTROL BEATS EVERYTHING ON THE SHELF—AND OFF!

Weight loss drinks available at local supermarkets and drug stores may seem like an inexpensive way to lose weight, but there's much more to consider. It's important that products provide you with information on critical issues such as why you gain weight, the best way to lose weight, and most importantly, how to keep it off permanently.

When choosing a weight loss drink, consider the following:

- Is it sweetened with low-glycemic response carbohydrates?
- Is it a true "meal replacement" drink?
- Are there guidelines to help improve overall eating habits?

- Are there suggestions for creating low-glycemic meals?
- Is there updated source information to help with questions?
- Is there a technical "hotline" to help with immediate questions?

These valid concerns and more were examined when GNLD's leading-edge Scientific Advisory Board and Global Science Network researched and developed GR² Control. GR² Control Meal Replacement Protein Shakes were scientifically engineered to keep blood sugar levels in check, help eliminate sugar cravings, and deliver superior weight loss results. And through our clinical trials and real-world research, we have the science to prove it!

Formulated with a 2-to-1 ratio of protein to carbohydrates, GR² Control Meal Replacement Protein Shakes:

- Get you off the glycemic roller coaster and out of the insulin trap so you maximize fat burning and minimize fat storage.
- Are clinically tested and proven to deliver the power of Glycemic Response Control.
- Provide vitamins, minerals, and important nutritional factors, plus all 22 amino acids involved in human nutrition.
- Mix in water for a delicious, convenient meal anywhere!

GR² Control delivers exclusive benefits the competition can't touch!

RETAIL WEIGHT LOSS PROGRAM COMPARISON

CRITERIA	GR ² Control weight loss program	Ultra Slim Fast	Carb Solutions High Protein Shake Mix	Metabolife Ready to Drink Shake	EAS AdvantEdge Shake	Nutricia Scan Diet	Universal Diet Fast
Glycemic Response Control Technology	Yes	No	No	No	No	No	No
High-Protein/Low Carbohydrate Meal Replacement Shake	Yes	No	No	No	No	No	No
Formulated without insulin-inducing carbohydrates?	Yes	No	Yes	No	Yes	Yes	No
Does shake mix provide all 22 amino acids involved in human nutrition?	Yes	?	?	?	?	?	?
Complete weight loss program including a comprehensive guide?	Yes	No*	No*	No*	No*	No	No*
Human Clinical Trials?	Yes	?	?	?	?	Yes	?
Thermogenic blend with non-central nervous system stimulants?	Yes	No	No	No	No	No	No
Appetite-reducing fiber blend w/ Konjac?	Yes	No	No	No	No	No	?
Daily weight loss tracker to help record goals & achievements?	Yes	No	No	No	No	No	No
Recipes for nutritious, low-glycemic mini-meals?	Yes	No	No	No	No	?	No
Low-glycemic lunch and dinner recommendations?	Yes	No	No	No	?	?	No
Personalized responses to customer questions?	Yes	?	?	?	?	?	?
Monthly news column with tips for successful weight loss?	Yes	No	No	No	No	No	No
Delivers an explosion of health benefits**?	Yes	?	?	?	?	?	?
Total user benefit (based on responses?)	100%	0%	7%	0%	7%	14%	0%
Great Value	Yes	?	?	?	?	?	?

* Product does not come with information other than label. ** Explosion of benefits includes everything from lower risk of heart disease and diabetes to lower blood pressure, less chance of stroke, and more.