



Based in Nature, Backed by Science!



GNLD's Scientific Advisory Board members are recognized around the world for their leading-edge research. The SAB Seal guarantees you the finest, safest, most effective products in the world!

CARBONATED
ALOE
VERA

Refresh!
Revive!
Renew!



The Healthy
Boost You
Can Feel!

Contact your independent GNLD Distributor:



PEOPLE EMPOWERING PEOPLE®



8423

FOCUS ON Everyday Stress

Love Your Stress?!

Do you actually *enjoy* feeling this way? Are you really at your best? And what about the scientifically proven health problems caused by stress? If high blood pressure, a reduced immune system, reduced alertness and decision-making skills, serious digestive problems—even *heart attacks*—aren't in your future plans, it's time to tackle your daily stress, head on!

Feeling stressed is part of modern life. It's unavoidable. But there's no reason to let it rob you of your health—not when the proven power of Aloe Vera can help protect your body against daily attack. Life is hectic enough on the outside. Stay calm and rested on the inside, so you can be your best!



Aloe Vera To The Rescue!

Be at your best—all day long! A potent, exclusive, lightly carbonated blend of pure aloe vera, black tea, chamomile, ginseng, and natural lemon, GNLD's Aloe Vera is the soothing phyto-beverage you need!

Refresh!

Stop showing up frazzled! Start your day with a calming, tingling taste and bring your best to the table!

Revive!

Avoid the 3:00 PM jitters! Start your day all over again with a refreshing, relaxing shot—just when you need it most!

Renew!

How can you give life your best shot if you're too stressed to perform? Your daily dose of Aloe Vera keeps you in control.



Why Aloe Vera? Time For A History Lesson!

Perhaps the earliest depiction of the medicinal use of aloe vera is on Mesopotamian clay tablets dated 1750 B.C. In what is considered to be the first book of medicine ever written, ancient Greek herbalist Dioscorides recommended aloe vera for wound healing, constipation, insomnia, stomach disorders, pain, hemorrhoids, itching, headache, hair loss, blisters, skin care, sunburn, and beauty care.

In 1934, a medical radiologist tried aloe vera gel on victims of x-ray burns and found it more effective than any other agent. For generations, households have kept potted aloe vera handy— whenever someone has a cut, scrape, or burn, an aloe vera leaf is broken and the soothing gel is applied to the injury to reduce pain and swelling.

Today, consuming aloe vera internally has become a popular and effective solution to the many stresses of modern life. Nutrient-rich and naturally soothing aloe vera beverages help your body cope with stress by refreshing, re-energizing, and restoring natural vitality and health.

The GNLD Difference: *Aloe Vera*

Following the aloe vera plant's 4,000 years of proven use to improve health, GNLD's Scientific Advisory Board formulated this powerful phyto-beverage for today's demanding lifestyle.

- "Gel only" filleting process avoids undesirables found in whole-leaf aloe.
- GNLD's herbal tea blend contains black tea, chamomile, ginseng, and natural lemon synergistically combined to provide a delicious flavor that will appeal to all members of the family.
- Lightly carbonated to provide a refreshing, great-tasting way to enjoy the aloe vera benefit each day.
- "Glycemic edge" beverage sweetened with fructose for quick and sustained energy.
- Only 13 calories per 2 ounce serving!



The Science Behind the Supplement



References:

1. Identification of five phytosterols from Aloe vera gel as anti-diabetic compounds. *Biol Pharm Bull.* 2006 Jul;29(7):1418-22.
2. Bunyaphatsara N, Yongchaiyudha S, Rungpitarangsi V, et al. Antidiabetic activity of *aloe vera* L. juice II. Clinical trial in diabetes mellitus patients in combination with glibenclamide. *Phytomedicine* . 1996;3:245-248.
3. Hart LA, et al.: Effects of low molecular weight constituents from Aloe vera gel on oxidative metabolism and cytotoxic and bactericidal activities of human neutrophils. *Int J Immunol Pharmacol* 12, 427-434, 1990.
4. Langmead L, Feakins RM, Goldthorpe S, et al. Randomized, double-blind, placebo-controlled trial of oral aloe vera gel for active ulcerative colitis. *Aliment.Pharmacol.Ther.* 4-1-2004;19(7):739-747.
5. Bland J: Effect of orally-consumed Aloe vera juice on human gastrointestinal function. *Natural Foods Network Newsletter*, August, 1985.
6. Shida T, et al.: Effect of aloe extract on peripheral phagocytosis in adult bronchial asthma. *Planta Med.* 1985 Jun;51(3):273-275.
7. Langmead L, Makins RJ, Rampton DS. Anti-inflammatory effects of aloe vera gel in human colorectal mucosa in vitro. *Aliment Pharmacol Ther* 2004 Mar 1; 19(5) :521-7.

