

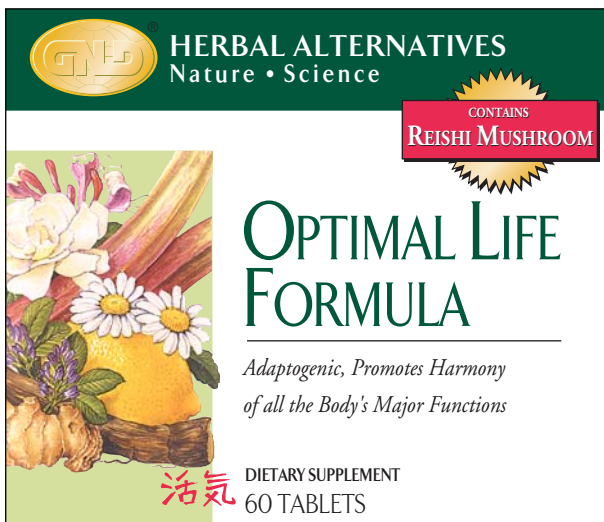


FAST FACTS ABOUT OPTIMAL LIFE FORMULA

Healthy people everywhere sometimes experience stress and environmental toxins that can challenge their feelings of wellness. Master herbalists have long known that maintaining a proper physiological balance is the key to improved wellness, and that certain herbs can promote circulatory and intestinal cleansing and enhance immune function, and also support stamina and endurance. GNLD's Optimal Life Formula is a unique and exclusive mixture of natural plants that supports the body's natural balance and helps it perform at its vital best.

WHY CHOOSE HERBS TO BOOST ENDURANCE AND STAMINA?

- Because herbs have been proven effective from centuries of use
- Because herbs have a long history of safe use, without the side effects associated with chemical drugs
- Because herbs are nature's solutions to wellness challenges
- Because herbs are non-habit forming
- Because herbs naturally and gently balance and support normal bodily physiology and function
- Because herbs have been shown to restore the body's balance and help it perform at its vital best.



WHY GNLD OPTIMAL LIFE FORMULA?

- **Comprehensive formula.** Our unique “complete family” approach to herbal formulas provides broad, synergistic effects of the herbal constituents, which optimize their ability to support enhanced wellness.
- **Herbs are selected from many global traditions**, bringing you the best herbal knowledge from around the world.
- **Contains Reishi Mushroom** highly prized by Chinese herbalist for promoting longevity. Also for internal cleansing, support of the immune system, and relief of symptoms of hay fever and allergies.
- **Contains Red Sage** for increased general endurance, stamina, and strength.
- **Contains Avena Sativa** for renewed vitality.
- **Contains Damiana** to support peak performance and endurance.
- **Contains St. John's Wort** to help support calmness, normalize mood, and support positive mental attitude.
- **Adaptogenic**, promotes harmony of all of the body's major functions.
- **Guaranteed purity, potency, and consistency.**
- **100% natural herbal formula** contains no chemical or animal products.



The following benefits have been attributed to the herbs contained in GNLD's Optimal Life Formula by master herbalists:

HERB	ACTIONS AND BENEFITS
Reishi mushroom — plant (<i>Ganoderma lucidum</i>)	Strengthens immune activity. Supports liver function and blood cleansing. Normalizes minor allergy and hay fever responses. Calms nerves and restores vitality.
Celery — leaf (<i>Apium graveolens</i>)	Assists cleansing of blood and healthy blood pressure levels. Soothes distressed tissues. Supports healthy immune response.
Oats — seed (<i>Avena sativa</i>)	Helps reduce feelings of stress and anxiety. Supports healthy nervous system, vitality, libido and related functions.
Red Sage — leaf (<i>Salvia officinalis</i>)	Supports healthy immune responses. Helps normalize distressed tissue. Assists with hormonal regulation. Restores vitality.
Damiana — leaf (<i>Turnera diffusa</i>)	Calms nervous system. Supports vitality, libido and related functions.
St. John's Wort — flower (<i>Hypericum perforatum</i>)	Calms the nerves, relieves mild depression. Also helps normalize distressed tissue and promotes healthy immune responses.
Astragalus — plant (<i>Astragalus membranaceus</i>)	Promotes peak performance; encourages vitality and longevity. Helps normalize micro-organism levels and assists effective immune responses. Supports healthy liver function.
Chinese Angelica — root (<i>Angelica polymorpha</i>)	Restores vitality. Promotes hormonal regulation. Encourages efficient kidney function. Supports immune responses.
Cinnamon (<i>Cinnamomum zeylanicum</i>)	Encourages healthy circulation. Helps normalize micro-organism levels. Relieves flatulence.
Licorice — root (<i>Glycyrrhiza glabra</i>)	Normalizes distressed tissue. Promotes liver health and blood cleansing. Helps relieve feelings of stress and anxiety.

OPTIMAL LIFE FORMULA

SUGGESTED USE: 1 tablet each morning and night.

The herbs reishi mushroom, celery, and astragalus all support healthy immune responses and healthy circulatory functions.*

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Optimal Life Formula uses a synergistic Herbal Extract Blend derived from ancient herbal knowledge and leading edge science to provide adaptogenic support for the body's organs and major functions.

NOT SOLD IN RETAIL STORES

Available Exclusively From GNLD Distributors

Distributed by:



GNLD International, LLC
Fremont, CA, USA 94538

Golden Neo-Life Diamite International, Ltd.

Bridgetown, Barbados, W.I.

Kingston, Jamaica, W.I.

Port of Spain, Trinidad, W.I.

Leading edge nutrition since 1958.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

Herbal Extract Blend	301 mg†
Reishi mushroom (<i>Ganoderma lucidum</i>) (whole plant) (25:1); Astragalus (<i>Astragalus membranaceus</i>) (whole plant) (4:1); Celery (<i>Apium graveolens</i>) (leaf) (10:1); Oats (<i>Avena sativa</i>) (seed) (10:1); Red sage (<i>Salvia officinalis</i>) (leaf) (7:1); Damiana (<i>Turnera diffusa</i>) (leaf) (6:1); St. John's wort (<i>Hypericum perforatum</i>) (flower) (6:1); Chinese angelica (<i>Angelica sinensis</i>) (root) (5:1); Cinnamon (<i>Cinnamomum zeylanicum</i>) (stem) (7:1); Licorice (<i>Glycyrrhiza glabra</i>) (root) (5:1).	

† Daily Value not established

Other ingredients: Microcrystalline cellulose, sodium croscarmellose and magnesium stearate.

Store in a cool, dry place, away from direct sunlight.



Product of France

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Hsu, Hong-Yen, *Oriental Materia Medica*, Keats Publishing Company, New Canaan, CT, 1986.

McIntyre, A., *The Complete Woman's Herbal*, Gala Books, Ltd., London, 1994.

Chevallier, A., *Encyclopedia of Medicinal Plants*, Dorling & Kindersley Ltd., London, 1996.

Hoffman, D., *The Complete Illustrated Holistic Herbal*, London, 1996.